

The Advanced PSYCH-K Integration Workshop runs over four days and takes participants to a new level of interaction with the subconscious and superconscious minds. It is appropriate for individuals who are ready to make sweeping changes in their lives. The workshop includes the following new balances and processes . . .

CORE BELIEF BALANCE

This process addresses 13 "Core Beliefs" that often keep us from tapping our full potential in life. It is a general belief change process that prepares the mind/body system for accelerated change.

RELATIONSHIP BALANCE

This balance helps you release personal issues with others and better understand the lessons to be learned in the relationship. It provides a clearer perspective on the value of relationships between parents, children, spouses, friends and lovers.

BELIEF POINTS

You learn how to use 12 energy points on the body that are derived from ancient acupuncture. Each point represents key beliefs that give you valuable information about how you are limiting yourself in a given situation. These points make beliefs easy to access and easy to change.

ENERGY FOCUSING

A process that allows you to "focus energy" to a point on the body in order to change the energy at a belief point or to correct energy imbalances in yourself and others.

SURROGATE BALANCING

A technique for "change at a distance." Surrogation uses a substitute person for muscle testing and balancing in the absence of the person for whom the change work is being done. Surrogation can be used to help friends, relatives and even your pets!

LIFE BONDING BALANCE

The "trauma of birth" and the "fear of death" are two powerful aspects of human experience. This balance utilizes breath as a means of re-programming the negative impact of these influences in our lives. By directing the breath back and forth between two power points in the body, you learn to release stress associated with the birth and death experience.

RAPPORT

You learn how to create a deep sense of trust and safety with others using powerful techniques from Neuro-Linguistic Programming (NLP). You will use PSYCH-K balances to activate this new skill at the subconscious level of the mind.

TEAL ENERGY CIRCLE

An extraordinary experience in the utilization of group energy focusing. It's your opportunity to feel the awesome effects of concentrated, unconditional love!